

Doorways to the Earth

A) TAI YANG & WATER (Bl/Ki)

- **Bl 40:** descends Excess Yin from pelvis (moves Yin to hips and legs, so the lower limbs must be “opened” after needling Doorway to the Earth points [*e.g.*, needle St 36])
- **Ki 11:** for shriveling of the genitals

B) SHAO YANG & WOOD (GB/Lr)

- **GB 30:** descends Yin to the pelvis (used in cases such as vaginal dryness)
 - for sciatica
- **Lr 12:** for hernia

C) YANGMING & EARTH (St/Sp)

- **St 30:** ascends Yin to pelvis from lower limbs
 - for swelling and pain in genitals
- **Sp 12:** for inability to urinate

D) PELVIS (Ren/Du)

- **Du 1:** for hemorrhoids
 - Collapse of Yang
- **Du 4:** intestinal prolapse
 - Yang Deficiency
- **Bl 35:** leukorrhea and leakage in the Lower Jiao
 - Empty Cold
- **Ren 1:** anal swelling and genital itch
 - Empty heat
- **Ren 2:** leukorrhea and leakage in the Lower Jiao
 - Collapse of Yin
- **Ren 4:** Yin Deficiency

COMMON POINT COMBINATIONS:

- A.** ...with points that influence the pelvis (*e.g.*, Lr 5; St 36)
- B.** ...with points that influence the Yin factors (*e.g.*, Damp and Cold), such as the shu-stream, jing-river and he-sea points – especially those on the leg channels
- C.** ...with points that influence the urogenital organs (*e.g.*, local points around the lower orifices), and are typically used for sinking Qi or Excess Yin
- D.** ...with Windows to the Sky points to balance Above-Below/Mind-Body relationship